

RAPE AGGRESSION DEFENSE

WOMEN'S SELF-DEFENSE PROGRAM



FIGHT BACK

RAPE AGGRESSION DEFENSE (RAD) SYSTEMS is not a martial arts program. It is an internationally recognized **WOMEN ONLY** self-defense course teaching realistic self-defense tactics and techniques to give women the tools needed to prevent or escape harmful situations.

WHEN:

Sept. 28, 29 & 30

6 PM—10 PM

WHERE:

Hall of Heros

545 NW 8th Ave

**OPEN TO ALL
WOMEN AGES**

13+

For more information contact:

SERGEANT L. VALDES Valdesls@cityofgainesville.org
352-393-7744



AWARENESS

PREVENTION RISK

REDUCTION

AVOIDANCE

HANDS ON DEFENSE

TRAINING

**FREE 12 HOUR
CLASS**

R.A.D.

RAPE

AGGRESSION

DEFENSE

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