

# **RAPE AGGRESSION DEFENSE**



## **WOMEN'S SELF-DEFENSE PROGRAM**



# **FIGHT BACK**

**RAPE AGGRESSION DEFENSE (RAD) SYSTEMS is not a martial arts program. It is an internationally recognized WOMEN ONLY self-defense course teaching realistic self-defense tactics and techniques to give women the tools needed to prevent or escape harmful situations.**

**WHEN:**

**August 12, 13 & 14**

**From 6pm-10pm**

**WHERE:**

**Hall of Heros**

**545 NW 8th Ave**

**OPEN TO ALL  
WOMEN AGES  
13+**

**For more information contact:**

**SERGEANT L. VALDES [Valdesls@cityofgainesville.org](mailto:Valdesls@cityofgainesville.org)  
352-393-7744**



**AWARENESS**

**PREVENTION RISK**

**REDUCTION**

**AVOIDANCE**

**HANDS ON DEFENSE**

**TRAINING**

**FREE 12 HOUR  
CLASS**

**R.A.D.**

**RAPE**

**AGGRESSION**

**DEFENSE**

**S Y S T E M S**