

RAPE AGGRESSION DEFENSE



WOMEN'S SELF-DEFENSE PROGRAM



FIGHT BACK

RAPE AGGRESSION DEFENSE (RAD) SYSTEMS is not a martial arts program. It is an internationally recognized **WOMEN ONLY** self-defense course teaching realistic self-defense tactics and techniques to give women the tools needed to prevent or escape harmful situations.

WHEN:

Nov. 11, 12 & 13

From 6pm-10pm

WHERE:

Hall of Heros

545 NW 8th Ave

**OPEN TO ALL
WOMEN AGES
13+**

For more information contact:

SERGEANT L. VALDES Valdesls@cityofgainesville.org
352-393-7744



AWARENESS

PREVENTION RISK

REDUCTION

AVOIDANCE

HANDS ON DEFENSE

TRAINING

**FREE 12 HOUR
CLASS**

R.A.D.

RAPE

AGGRESSION

DEFENSE

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