

RAPE AGGRESSION DEFENSE



WOMEN'S SELF-DEFENSE PROGRAM



FIGHT BACK

RAPE AGGRESSION DEFENSE (RAD) SYSTEMS is not a martial arts program. It is an internationally recognized WOMEN ONLY self-defense course teaching realistic self-defense tactics and techniques to give women the tools needed to prevent or escape harmful situations.

WHEN:

3/9, 3/10, 3/11

6 PM—10 PM

WHERE:

Hall of Heros

545 NW 8th Ave

**OPEN TO ALL
WOMEN AGES
13+**

For more information contact:

**SERGEANT L. VALDES Valdesls@cityofgainesville.org
352-393-7747**



AWARENESS

PREVENTION RISK

REDUCTION

AVOIDANCE

HANDS ON DEFENSE

TRAINING

**FREE 12 HOUR
CLASS**

R.A.D.

RAPE

AGGRESSION

DEFENSE

S Y S T E M S