

RAPE AGGRESSION DEFENSE



WOMEN'S SELF-DEFENSE PROGRAM



FIGHT BACK

RAPE AGGRESSION DEFENSE (RAD) SYSTEMS is not a martial arts program. It is an internationally recognized WOMEN ONLY self-defense course teaching realistic self-defense tactics and techniques to give women the tools needed to prevent or escape harmful situations.

WHEN:

3/9, 3/10, 3/11
6 PM—10 PM

WHERE:

Hall of Heros
545 NW 8th Ave

OPEN TO ALL
WOMEN AGES
13+

For more information contact:

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352-393-7747



AWARENESS
PREVENTION RISK
REDUCTION
AVOIDANCE
HANDS ON DEFENSE
TRAINING

**FREE 12 HOUR
CLASS**

